



PENRITH PUBLIC SCHOOL

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23 March 2023

Kitchen Garden Program

Dear Parents and Carers

This year, all students at Penrith Public School will be participating in lessons that focus on the environment and sustainability as part of our **Kitchen Garden program**. Throughout the year students will attain new knowledge through hands on experiences that include gardening, cooking and environmental projects.

The program addresses various aspects of the curriculum, with a focus on sustainability. During cooking experiences, all food consumed will be vegetarian-based and allergy inclusive. Students will be trained on the safe and appropriate use of gardening and kitchen tools, including graters, scissors and knives under supervision. This activity has the approval of the principal.

To cover the costs of the program, the fee for the year will be **\$15 per student**.

Ensure you check our school Facebook page regularly to see the exciting learning opportunities that the students will be participating in, including recipes for them to recreate at home for you.

Please complete the permission slip below and make an online payment by Thursday 6 April 2023. Please also outline any allergies and dietary requirements.

Kind regards,

Mrs Lindsay
Environmental Educator

Kitchen Garden Program

To Penrith Public School

I give permission for my child _____ of class _____ to participate in the Kitchen Garden program. I give consent for this child to use gardening tools and cooking equipment, including knives, under supervision.

I have paid \$15 online ☐

Online Payment Reference Number: _____

Allergies (please circle if applicable)

Dairy	Gluten/Coeliac	Nuts	Soy	Eggs	Insect Bites
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Please note any allergies not listed above: _____

Dietary requirements (please circle if applicable)

Vegan	Vegetarian	Halal
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Signed: _____

Parent/ Carer

Date