

# PENRITH PUBLIC SCHOOL

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18 August 2022

Dear Parents and Carers,

The Stage 2 camp is fast approaching! This one-night camp to YMCA Camp Yarramundi will take place on Wednesday 12<sup>th</sup> to Thursday 13<sup>th</sup> October 2022. In preparation for this exciting excursion and to ensure we can provide the best possible care for your child, we ask that you complete and return the attached forms.

### What: Penrith Public School Medical Information Form

## YMCA Medical and Consent Form

## When: Please return both completed forms to school by Friday 26<sup>th</sup> August 2022

What to bring:	What NOT to bring:
<ul> <li>Water bottle and morning tea for day 1</li> <li>Fitted sheet, sleeping bag and pillow</li> <li>Towel and toiletries</li> <li>Casual clothes for 2 days (no singlets/skirts)</li> <li>Underwear and socks</li> <li>Pyjamas</li> <li>Two pairs of closed-in shoes (joggers)</li> <li>Thongs for showering</li> <li>Hat and sunscreen</li> <li>Roll-on insect repellent</li> <li>Raincoat</li> <li>Warm jacket/pants (for night-time activities)</li> <li>Plastic bag for dirty clothes</li> </ul>	<ul> <li>Money</li> <li>Jewellery</li> <li>Chewing gum, lollies, or chips (keeping various allergies in mind, food will NOT be permitted in the cabins)</li> <li>Camera</li> <li>Electronic devices e.g., phones, iPads, iPods, computer games etc.</li> <li>Aerosol cans</li> <li>Medication that has not been declared on the appropriate forms and handed in to your teacher</li> </ul>

### Additional Information:

Labelling: Please ensure all your child's belongings are clearly labelled.

**Bag Packing:** Please take the time to explain to your child how to pack their bag carefully and take care of their belongings. Please also show them how to put their sleeping bag away.

Manners and Behaviour: Our expectations of manners and behaviour are always extremely high,

especially when we are off school premises. Please remind your child about table manners, general listening, and the need to respect all others at all times, including after lights out.

Contact: Children are not permitted to phone parents while at camp.

**General:** If this is your child's first experience away from home or parents, please take the time to provide them with lots of support and encouragement. This overnight stay represents a significant step towards the independence and resourcefulness that we all wish to develop in our children, and we want them to approach it with confidence and a positive attitude.

If you have any questions or require any further information, please contact our school.

Sue McMahon Principal Ms Wood Assistant Principal