



# PENRITH PUBLIC SCHOOL

High Street, Penrith NSW 2750

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9 February 2022

Dear Parent / Carers

All students at Penrith Public School are taking part in the Kitchen Garden program. Students will be participating in gardening and cooking lessons whilst gaining knowledge, understanding and skills relating to the United Nations Sustainability Goals.

The program addresses various aspects of the curriculum, with a focus on 'paddock to plate' theory. All food consumed will be vegetarian-based, with specified allergies catered for. Students will be trained on the safe and appropriate use of gardening and kitchen tools, including graters, scissors and knives under supervision. This activity has the approval of the principal.

Due to the interruptions to face to face learning in 2021, the cost of the program for Semester 1 2022 will be covered from remaining funds for all returning students. Ensure you check our school Facebook page regularly to see the exciting learning opportunities that the students will be participating in, including recipes for them to recreate at home for you.

**In order for your child to participate, please complete and return the permission slip below by 18 February 2022.** Please also outline any allergies and dietary requirements.

Kind Regards,

Mrs Lindsay  
Kitchen Garden Specialist Teacher

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**To Penrith Public School**

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_ to participate in the Kitchen Garden program. I give consent for this child to use gardening tools and cooking equipment, including knives, under supervision.

Allergies (please circle if applicable)

Dairy	Gluten	Nuts	Soy	Eggs	Insect Bites
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Please note any allergies not listed above: \_\_\_\_\_

Dietary requirements (please circle if applicable)

Vegan	Vegetarian	Halal
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Signed: \_\_\_\_\_

*Parent/ Carer*

\_\_\_\_\_

*Date*