



Important Dates

TERM 3 WEEK 10 2019

SEP

- 24 Muru Mittigar—Selected Students
- 24 School Disco—K-2 @ 4.30-5.30pm **\$4 Pay at Door**
3-6 @ 5.30-7.00pm **\$5 Pay at Door**
- 26 5/6L Assembly
- 26 Calmsley Hill City Farm-Kindy Students
- 27 Footy Colours Day-Gold Coin Donation
- 27 Term 3 Ends

OCT

- 14 Term 4 Begin
- 17 KA—Assembly
- 24 5/6K & K-6 Yellow Assembly
- 28 Kickstart to Kindergarten 1st Session @ 9.30-10.45am
- 28 P&C—AGM Meeting @ 6pm
- 31 KJ Assembly
- 28 Oct—8 Nov Swim School

Money/Notes Due

St 2 & 3 Camp – **Final Payment is OVERDUE**

Swim School - **Due no later 25/09/19. If not paid by due date & office has not been contacted, place will be offered to next on reserve list.**

Book Pack—\$20



Penrith Public School

High Street,
Penrith NSW 2750
Ph: 02 4721 2158

Email: penrith-p.school@det.nsw.edu.au

Website: <https://penrith-p.schools.nsw.gov.au/>

PENRITH PUBLIC SCHOOL'S CORE VALUES

Learning Environment Cooperation Respect

Principal's Message

Dear Parents and Carers,

Term three is almost over and students and staff are looking forward to recharging their batteries before a busy term four.

Kickstart to Kindy – Mrs Fogg has collaborated with Connect Family Services to deliver another exciting and jam-packed kindergarten transition program this year. We encourage all families and incoming Kindy students to attend all of these sessions. Connect will be running additional orientation sessions throughout term four. If you plan on enrolling your child, or know of someone who will be enrolling a child in kindergarten 2020, please contact the school office ASAP on 47212158.

P&C Meeting – Thanks to all who attended last week's P&C meeting. The Annual General Meeting will take place on Monday 28 October, followed by our October P&C meeting. All welcome.

Collaborative Planning Days – Teachers have been released from their classes for half a day during Week 10 to evaluate teaching programs, design units of work and to develop authentic learning experiences for all children across the school.

School Disco – Our school disco will be held this evening. Students have worked hard all term to be given the privilege of attending the disco. Please ensure you are on time to collect your children after their disco. Thanks to Mr E and his team for coordinating the discos!

School Holidays – Friday 27 September is the last day of term three. Students and staff return to school on **Monday 14** October.

Swim School – If your child received a note for participation in Swim Scheme, full payment is due tomorrow, 25/9/19. If full payment is not received by the due date and you have not contacted the office, your child's position in the program will be offered to the next on the reserve list.

Camp Year 3-6 – The due date for the final camp payment was 20/8/19.

Statements are being sent home with students where payment has not been received in full.

If you still have money owing on the camp, please make full payment ASAP.

Please contact the office if you require more time to finalise payment of the outstanding balance.

Staff Development Days – As you are aware, school staff are required to participate in professional learning sessions throughout the year. The first day of the school term in terms 1, 2 and 3 is also set aside for staff development days, as well as the final two days of term 4. This year, staff at Penrith PS will be completing additional professional learning after school hours, which will replace the staff development day on Friday 20 December.

The last day of school for STUDENTS AND STAFF for 2019 will be Wednesday 18 December. The school will be closed for the summer holidays after that time.

Warm regards

Chantal Beltran
Principal



Important Message from the Principal

To all parents & carers

It is vital that students are **not on the school grounds before 8.45am** as there is no supervision before then. The playground opens at 8.45am at which time a teacher supervises the students until bell time.

Each morning, teachers arrive to prepare for the day and attend meetings. We will be monitoring students who arrive to school prior to 8.45am and contacting their families.

In the same regard, it is important that students are picked up at 3.15pm as teachers attend professional development meetings and/or attend to their own families and appointments after school. Occasionally running late is absolutely understandable.

Canteen News

Lunch and recess orders are to be placed at the canteen from 8.45am until 9.15am. **No late orders can be accepted.**

Canteen Manager



Message from the Office

- *Paying online via the school website is the preferred payment method for all school payments. It is secure and provides you with a receipt via email. Payment made before 6pm will be received by the school the following day. Please take into consideration when paying by a due date.*
- *If you pay by cash correct money only as no change will be given. A receipt will be issued by the class teacher once the banking is processed by the office scheduled time. If you require a receipt instantly use the **payment online** method.*

LOST PROPERTY

Lost property is overflowing with school clothing, jackets, lunch containers & drink bottles.

We invite all parents & students to visit lost property before the end of this term and reclaim their property.

Lost property is located next to the Library entrance.

Please ensure your child's property is clearly marked with their name so it can be easily returned.

At the end of the term any unnamed school clothing will be donated to the schools second hand uniform shop

Any non school clothing not collected by the end of term will be donated to the Stewart House clothing drive.



SPORTS INFORMATION AND OTHER NEWS

Recently students from Penrith School competed at the Zone Athletics Carnival. I would like to congratulate them on their sportsmanship and enthusiasm over the two days that events were held. Some students won through to the Regional Carnival. Congratulations to Bayli Stone, Anfield Phongphan, Abel Howell and Emmanuel Eze who all achieved results that led to representation as part of the whole Penrith area.

Thank you to the students who completed and handed in their Premier's Sporting Challenge cards. Certificates will be presented to all students who were at our school for the 10 weeks we took part in this challenge.

Our last carnival to be held early in term four will be the Ball Games Carnival . Good luck to all house groups and the Sports House leaders in organising their teams. Any House can still be the champion House for the year.

Other sports events in term four include the Girls soccer regional finals, all the special awards at the end of Year Assembly and, most importantly, our Learn to Swim classes.

OTHER NEWS

PERFORMANCE SHOWCASE-Term four will also give students the opportunity to participate in our annual school performance showcase through auditions and possibly a performance in our end of year concert, which never fails to disappoint. More news on this early next term.

PEER SUPPORT- Our Peer support program concludes this week and has been a valuable learning experience for all students who have learned about a variety of social skills and provided Stage 3 students with an important leadership opportunity. Well done to everyone for their participation on this program.

John Emmingham

Sport Coordinator



Kitchen Gardening

Stage 2 classes and 4/5B have commenced cooking lessons as part of the Kitchen Garden program, run in partnership with Penrith Lakes Environmental Education Centre. The first recipe was delicious and healthy salad wraps. Some students have now been inspired to make their own salad wraps for lunch! This week we made a Moroccan Cous Cous salad. Students commented that it smelt like two-minute noodles but tasted even better! Check out these pictures of our little chefs and the recipe below. We are looking forward to our next cooking adventure!

- Miss Fell (Kitchen Garden Coordinator)



Moroccan Cous Cous Salad

Ingredients

- 1 tablespoon of vegetable or chicken stock
- 1 quarter teaspoon of Moroccan spice
- 1 quarter teaspoon of olive oil
- 1 tablespoon of [cous cous](#)
- red, green, or yellow capsicum
- 5 to 10 sultanas
- 3 to 5 chickpeas
- Chopped parsley
- Chopped fresh mint

Instructions

1. Put 1 tablespoon of couscous into a small cup or bowl. Cover with a tablespoon of hot stock, a quarter teaspoon of oil and let it sit for five minutes.
2. Chop parsley, mint or any other herbs into fine, small pieces.
3. Wash and chop capsicum into small pieces.
4. Check sultanas for stalks and place to the side.
5. Rinse chick peas and place to the side.
6. When couscous has sat for five minutes mix with a fork to make it fluffy.
7. Add a quarter teaspoon of Moroccan spice, mix.
8. Add sultanas, chick peas, capsicum and herbs and mix through.



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Bargain Buyers Bus Trip **26 October 2019**

Come along, bring a friend and have a fabulous day!

Cost: \$60 per person. Please pay a \$20 deposit ASAP and the remainder must be paid 3 weeks prior to the trip. Pick up: Penrith Public School @7.00am Sharp and drop off 6.00pm

Term 4 - 2019
Go4Fun is
coming to
Penrith and
St Marys



GO 4 FUN
HEALTHY ACTIVE HAPPY KIDS



A **free** after-school health program for 7- 13 kids who are above a healthy weight and their families.

- Weekly games and activities for kids in the pool
- Fun, interactive discussions and activities about healthy foods, physical activity, behaviour change and self-esteem
- Practical skills such as meal planning, label reading and a supermarket tour!

TUESDAYS, 4:30 - 6:30PM
(starting 15 October 2019)
St Marys Ripples

WEDNESDAYS, 4:30 - 6:30PM
(starting 16 October 2019)
Penrith Ripples

REGISTRATIONS OPEN - CALL 1800 780 900



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AUSTRALIA'S YOUTH PRESENTS

A SELF DEFENCE KARATE AND SAFETY AWARENESS PROGRAM

*For boys and girls
Ages 5 – 16
In Sydney Since 1994*

Website – karate-kids.com.au

INSTRUCTORS TRAINED SPECIFICALLY
FOR TEACHING CHILDREN AND TEENS

SELF DEFENCE ONLY IS TAUGHT

CLASSES DIVIDED BY AGE
AND EXPERIENCE

FROM BEGINNER TO
BLACK BELT



DEVELOP SELF CONFIDENCE

IMPROVE CONCENTRATION

BUILD COORDINATION

BUILD SELF ESTEEM

IMPROVE STUDIES

MAKE FRIENDS

Only \$14.00 Per Week
With a \$2.00 Rego per term
No Extra Grading Fees!

INSTRUCTOR IS A KARATE CHAMPION AND ISKA INSTRUCTOR OF THE YEAR

Location: Penrith South Public School,
Corner of Jamison Rd. and Evan St., South Penrith
Classes are every Monday for 9 Weeks (Every School Term)
New and Returning Registration: Monday, 6 May, 2019
New Students can also join on: Mondays, 13 May, 20 May.

**New and Returning
Students
Ages 5-8**
Class Time 4:00 to 4:40PM

**New Students
Ages 9-16
and Returning Students**
Class Time 4:45 to 5:25PM

Returning Students please see website at www.karate-kids.com.au for class times.

REGISTRATION WILL BE ACCEPTED UP TO THE THIRD WEEK OF TERM. NO PRE-REGISTRATION IS NECESSARY,
JUST TURN UP 10 TO 15 MINUTES BEFORE CLASS TIME ABOVE IF POSSIBLE. WE ACCEPT CHEQUES OR CASH.
FOR **FURTHER INFORMATION**, SEE WEBSITE AT www.karate-kids.com.au.



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Programs from Kindergarten to Year 9



Robotics
Robot Building
Programming



Coding
Scratch



Math
Algorithm

S.T.E.M.
Education

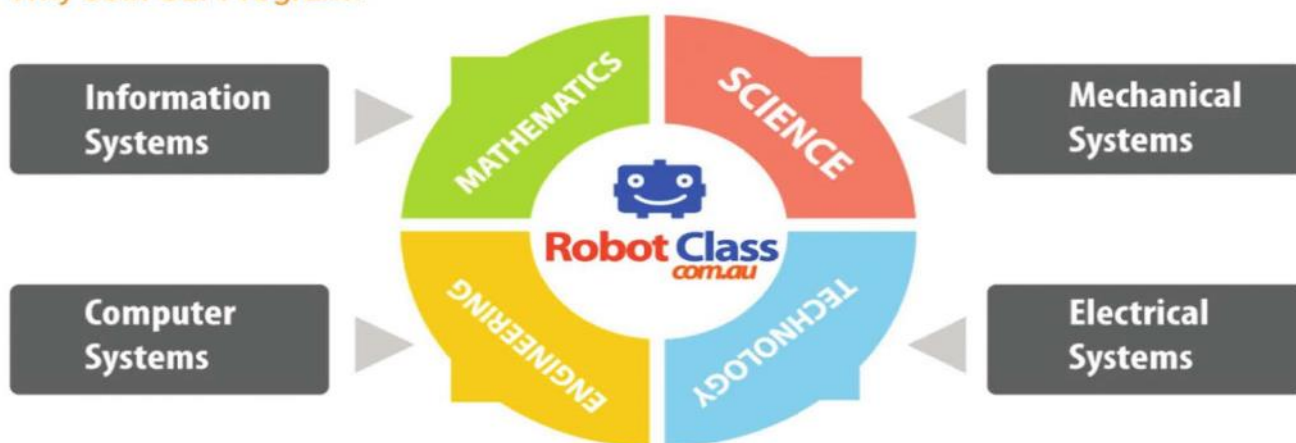
C-Language

Enquiry
Orientation / Free Trial
robotclasspenrith@gmail.com
0438 470 450



MRT Robotics Pty Ltd

Why Join Our Program?



S.T.E.M. Education

Contact No: 0438 470 450

E-mail: robotclasspenrith@gmail.com

Facebook: www.facebook.com/robotclasspenrith

Address: Level 2 374 High St Penrith NSW 2745



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2-DAY MEGA CAMP

OCTOBER

BOOK YOUR CHILD IN NOW TO GET **MEGA MOTIVATED**
DURING OUR 2-DAY SCHOOL HOLIDAY MULTI-SPORTS CAMP!

KINDY - YEAR 6 | 8.30AM - 3.30PM
NON STOP SPORTS, MUSIC, ENERGY, MOTIV8TION, PRIZES

WEEK 1: PENRITH ANGLICAN COLLEGE
Mon 30th Sept - Tues 1st Oct

WEEK 2: NEPEAN CHRISTIAN SCHOOL
Tues 8th Oct - Wed 9th Oct

**ALL NEW
CAMPERS RECEIVE
A FREE
MOTIV8SPORTS
ROOKIE JERSEY**

**Coach Brad: 0402 200 479**
E: penrith@motiv8sports.com.au

 **@motiv8sportspenrith**



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The natural choice in child care

Family Day Care & Pre-School

We currently have a Qualified Early Childhood Educator registered with Blue Mountains Family Day Care available in the **Werrington Area**.

Vacancies are available

Monday – Friday, Saturday and Sunday
6am - 6pm
CCS Available

Phone: 0413 228 481

Email: berndel777@yahoo.com



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COMMUNITY BASED
FAMILY SUPPORT

Penrith Public School 'Kick Start to Kindergarten'

Monday Mornings

9.15 am—10.45

During School Terms 3 and 4
Starting July 29 2019

Free Play
Learning

Do you have a child starting
kindergarten next year?

Join us for a starting school playgroup. It helps
provide a gentle introduction to school life
through play.

Group
Activities

Please bring some fruit, a bottle of water and a hat for
your child.

Parents stay with their child at the playgroup. Siblings
can attend.

Stories &
Games

Each morning there will be free play, group time
and morning tea.

Children not attending any other Early Childhood

Visit Areas
of the
School



For more information please call Kim Martin on 0423 720
492 or the school on 47212158.

Venue-School Hall



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CHOCTOBERFEST BRAVE

CHOCTOBERFEST IS THE PLACE TO BE IF YOU LOVE CHOCOLATE AND FUN!

Choctoberfest is two separate days, with two amazing Spectaculars, and two chances to win 10kg of chocolate! So you can come for one day - or you could come twice and do two different workshops and have double the fun!

9AM-3.30PM WEDNESDAY OCT 9TH – with the Spectacular from 7pm
AND 9AM-3.30PM THURSDAY OCT 10TH – with the Spectacular from 7pm
Registrations open at 8.30am both days.

ACTIVITIES INCLUDE BIG & MESSY
GAMES, AMAZING CREATIVE WORKSHOPS,
CHOCOLATE GRAB & CHOCOLATE ZONE,
FUN, FAITH & FRIENDS!

Imagine Nations Church,
Simeon rd, Orchard Hills
Registration is \$30 per child
per day + booking fee

FOR ALL WORKSHOP INFO AND TO REGISTER GO TO: INCHURCH.COM.AU/CHOCTOBERFEST



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School Holiday Activities

Free activities for primary school students at **The Reserve Bank Museum**

Students will receive an interactive presentation on banknote security features and get a sneak peek at the new uncirculated \$20 banknote. They will also be taken on a guided journey through the Museum and learn about the history of Australia.

Cost:

Free (Registration essential)

Booking Information:

- Expressions of interest are now open for the Spring school holiday period.
- For further information, session times, and to register your child please visit the Museum website.
- Registrations will close on 20th September at 5.00 pm.



museum.rba.gov.au



museum@rba.gov.au



(02) 9551 9743



Ground Floor, 65 Martin Place,
Sydney NSW 2000



RESERVE BANK OF AUSTRALIA



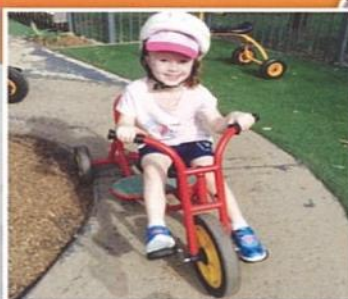
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Kingswood Park Public School Preschool



Providing play based, engaging learning experiences for children intending to start Kindergarten the following school year.

We provide two classes each week, starting from

\$17.50 per child, per class.

Enrolments for our Preschool are now welcome.

For more information please contact our office or come and speak with our friendly staff.

👍 *Follow us on Facebook for up to date information on our learning journey!*

Kingswood Park Public School
Caloola Ave, Penrith
☎ 47 21 4414



Rated exceeding in 2017





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SPRING 2019

SCHOOL HOLIDAY ACTIVITIES



Monday 30th September 2019

Carnival Games & Circus Arts 9am-4pm \$30

Tuesday 1st October 2019

Multi-Sport 9am-4pm \$30

Wednesday 2nd October 2019

Indoor Soccer 9am-4pm \$30



Thursday 3rd October 2019

Mini Olympics and Cultural Experience 9am-4pm \$30



Friday 4th October 2019

Gymnastics and Visual Arts 9am-4pm \$30

Monday 7th October 2019

Labour Day Public Holiday - *unfortunately no activities*

Tuesday 8th October 2019

Multi-Sport 9am-4pm \$30



Wednesday 9th October 2019

Mini Olympics and Cultural Experience 9am-4pm \$30

Thursday 10th October 2019

Basketball 9am-4pm \$30



Friday 11th October 2019

Gymnastics and Crafts 9am-4pm \$30

All activities are for children aged 4-13 years old.

Payment must be made at time of booking.

Book now! Places are limited; call 4732 1755.

A \$10 yearly membership is required.





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**CALLING ALL
SUPERHEROES**

**SUPER
SAVIOUR**

For He has rescued us from the dominion of darkness
and brought us into the kingdom of the Son he loves
Colossians 1:13

Kids Holiday Club 2019
For Kids in K-6
Bible talks, dramas, games, craft and
more.

Monday September 30th
- Friday October 4th
9am-12.30am
Cost: \$30 first child, \$10 additional
child

Penrith Presbyterian Church
9 Doonmore St, Penrith
Contact: Steve 4721 2440